



ΣΥΝΔΕΣΜΟΣ ΤΩΝ ΑΠΑΝΤΑΧΟΥ ΚΑΡΥΑΤΩΝ

KARYYES

Lakonia



The Menelaus Planes

News Bulletin

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Winter 2016-17

WINTER GATHERING

~ A meeting of compatriots, friends, members and expatriates from all over the world

On Sunday, December 4, 2016 at St. Andrew's church in Karyes, the annual celebration that is organised in memory of the patron saint of the region, took place under the auspices of the Karyates Association. This event was of a winter gathering nature and, more precisely, it has been animated by the presence of the **Choir of the local Conservatoire of Sparta Municipality** which sang Christian Songs, anthems and inspiring prayers dedicating to St. Andrew. After the completion of Mass, the Gathering was transferred at the Main Building of the Community of Karyes where coffee as well as traditional pastries and sweets were offered to the congregation, the members of the local Choir that participated in the celebration and to all visitors who attended the event at the village of Karyes. Everybody was happy to exchange greetings inspired by this religious feast.

Amid a cozy and friendly atmosphere, the Chairman of Karyes Municipal Council, **Mr. Michalis Repoulis**, proceeded to a brief presentation of the activities of the Karyates Association. Members of the Municipal Council such as **Annita Prekeze**, **Dimitra Mermigka**, **Nicholas G. Trakas** and **Lefkothea Latsis**, as well as members of other local Associations were also present. The honorable Councillor of the Region, **Mr. Panagiotis Karras**, the representative of the Club *Lakonistas* **Mr. Panagiotis Papadoliis** and the secretary of the Cultural Association of Karyes, **Mrs. Maria Kolovos**, delivered their speeches at the beginning of the event and addressed a warm welcome in a cordial spirit.

The speakers expressed their hope and deepest wishes that we will all meet again next year in good health!



AUTUMN AT KARYES AND AT THE PARNON VILLAGES

4TH GASTRONOMY & WALNUT FESTIVAL IN VAMVAKOU



In the village of Vamvakou, on October, 23 at 11:00 am, the Cultural Association of the region under the name "New Life" organised the 4th Gastronomy & Walnut Festival. The event was hosted in the school premises located at close distance from the Local Forestry Authority.



The program of the event included advises and ideas about **Gastronomy**, explanation of how to apply **traditional recipes**, **narrations** and an **art exhibition**. Meanwhile, the women of the village offered to all attendants walnut **sweets** and **local food delicacies**. The Festival ended with entertainment, singing, dancing and lunch.

THE FAMOUS RALLY SPRINT "MOLON LABE" IS HOSTED AGAIN IN KARYES

After having received three (3) postponements, **19 & 20 November 2016** were designated as the final date of the Rally Sprint "MOLON LABE" organised by the members of the **Automobile Club of Sparta**.

Indeed, the Dirt Stage of the Rally Sprint was ten (10) kilometers long and an amazing route, appropriately designed and configured by special equipment and machines. The race started in the region of Zigos, at the road connecting Karyes and Saint Peter.



Following that Dirt Stage, the car race continued across the forestry route that connects the area with Varvitsa, the final destination of Rally Sprint. Then the cars crossed the road connecting Karyes with Varvitsa, passed through the village of Karyes and continued their route until finally reaching St. Peter so as to arrive again at the starting point of that special stage.



On 6 September 2016, in Karyes, at the annually given reception that is held under the auspices of the Karyates Association and has a nature of meeting among compatriots, friends, members and expatriates from all over the world, the Cultural & Remembrance Centre of Karyes was communicated to the public for the very first time, leaving a touch of excitement and admiration to all attendants. More specifically, the presentation of the architectural study of the complex of buildings owned by the Karyates Association, located at the central square of Karyes, included a large number of historical and architectural references to the land of the Municipality of Laconia and the village of Karyes. The presentation was prepared and conducted by our fellow compatriot John Karachalios, who was also the architect in charge for the study in question. As promised in a previous post of ours, we will present the key elements of the study, especially for those who were not able to attend the annual summer meeting of the local Association. Mr Karachalios sent us the entire material of the presentation and we quote it unchanged, without omitting parts or modifying it in any way, in order to ensure that everyone will have a fairly complete picture of the actual architectural study of the building complex.

The Cultural & Remembrance Centre of Karyes

This complex consisting of two buildings is ownership of the Karyates Association since 2006 and intended for mixed use. On the ground floor, different shops to rent will be available. On the contrary, the first floor will host a specially designed and configured space that will unfold the history of the region and will operate as the "Cultural & Remembrance Centre of Karyes". This effort intends to revive the village, promote its culture, preserve its civilization and historical memory, strengthen the ties that bind the residents of Karyes with the expatriates worldwide but also establish a channel of communication that will further encourage and develop the exchange of information and the healthy, constructive dialogue between the locals and their fellow compatriots who permanently live abroad, away from their homeland.

A. STRUCTURE & PROGRAM BUILDING

The basic strategy of the new structure proposal is as follows: the building located down, in the corner, maintains the stores that used to operate in it. However, the WC and Storage Places for both stores will no longer be separated but concentrated in a single, common area. The old premises of the Police Department retain the two inputs and the stairs remain at the same position. The old smithy is consolidated with the stairway of the house and, thus, forms the entrance of the exhibition. However, relieving congestion at the connection point between the buildings of the complex -which consists until today of the WC and the Storage Places of the traditional café- constitutes the most important and radical intervention in the building structure. Its transformation into a courtyard will beautify it as it will shed light on the backside of the machine shop and connect it with the Central square.



More specifically: ♦ The auxiliary spaces of the ground floor shopping centre intended for rent are re-adapted and re-constructed in a uniform, consistent way. ♦ In the same area, we take advantage of the height of the space and put into suspended ceilings the necessary mechanical heating, cooling and ventilation installations.

There are no changes foreseen in the general arrangement of the first floor. We will keep using the secondary building over the old machine shop for auxiliary purposes and we will not change its initial position, providing of course the improvement of the hygiene standards through the complete replacement of the sanitary products, the floor covering and the wall claddings. The main house, however, located in the historic corner building, will still have the same structure and internal decoration because it will keep the same materials as before, i.e. the mosaic floors that are well preserved until today. Besides, this main area will host the future exhibition. Amongst our propositions, you will also notice the idea of creating a library with direct and separate entrance from the square that will be situated on the first floor of the old premises of the Police Department.

In conclusion, we move on to the basement of the building complex. As far as the side that looks to the Central square is concerned, no changes are foreseen because it will operate as a storage space. The other part of the basement, towards the main road, will turn into an auxiliary space intended for covering the multiple needs of the Cultural & Remembrance Centre of Karyes.

B. OUTER FACES

An important chapter applies to the outer faces and the architectural direction of the complex. The corner building, the premises of the Police Department and the building where the machine shop is located were all constructed in three (3) different times. As a result of the above, their architectural language is not common or even similar. The premises of the Police Department are very old and date to the 20th century. On the other hand, the corner building was constructed in the inter-war period and the workshop was built in the post-war era as an extra addition to the already existing buildings of the complex. Based on that, the construction of three (3) different buildings, with independent structure, volume and distinct characteristics in terms of architectural style and design was our final choice in order to duly respect the time and idiom that they reflect, as set out in the internationally accepted regulations on the conservation of traditional landscapes and buildings.



View from the main road



View from the main square

The works on the outer faces of the building where the Police Department is hosted have been completed by 2015 with the construction expenditures being covered by the Association. Indeed, the restoration expresses the history of the building, an indicative sample of the Peloponnese spatial architecture with a unified view and an integrated approach of the volume and the frameworks at all apertures. Nevertheless, the corner building is a much more complicated case. Historically, it has been a building of neoclassical and urban intentions. From the very beginning, it presented an exceptionally fixed geometry and remarkably interesting frames on the entire storey of the building. However, the large ground floor apertures and their less strict and fixed geometry undermined the urban structure of the building.

This problem was intensified when a linear balcony/terrace was added to the initial construction in the post-war era and also because of the further external differentiation of the two stores hosted in the premises. Respecting the neoclassical intention of the building, we introduce the concept of horizontal structure which is considered to be a typical component of the neoclassical architecture, according to which the structure of a building is clearly defined: *base-body-coronation*.

The presentation of the Cultural & Remembrance Centre of Karyes Lakonia

We handle the same way the building in Karyes which acquires one single base able to group together the randomly existing apertures and, thus, giving prominence to the geometrical organization and consistency of the storey.

We also wish to accent the building of the exhibition as one of unique architecture and high importance so as to create to all visitors a first suspicion of how the village itself and the historical Caryatids are associated. Therefore, on the six (6) windows existing on this storey we will proceed to the graphical representation of the six different marble Caryatids from the Erechtheion, who were the temple's signature feature and had their hair braided. This is our way to attach great importance and pay our tribute to this unique monument of high artistic value. Allow us to remind you at this point that an exact replica of this precious historical and architectural monument also exists in the village.

To conclude, our handling of the machine shop, a typical industrial building of the 50s, takes into serious consideration the fact that it had been constructed at a clearly later date compared to the other two buildings and that it will, therefore, be maintained under conditions of apertures and modern design.



Buildings view

C. INDOOR BUILDING SPACE



The Entrance

As we continue, we find the courtyard that creates a privacy filter for all those happening inside the entrance of the Cultural & Remembrance Centre of Karyes. At the same time, the courtyard constitutes an imaginary permanent bridge, a direct link between the Central Square and the building. It also plays key role in facilitating the accessibility of the public areas and ensures the smooth flow of traffic in them.

We need to have a special reference to the indoor building space and, more precisely, to make a specific mention of its three (3) interior sections. First of all, it is the entrance of the Centre that is placed in the area of the old smithy. We intend to handle it in a unifying way, adding white and neutral touches, with a more theatrical and dramatic lighting. Besides its use as an entry, this space may function as an area appropriate to host courses, events, projections or plays. The back apertures lead us to the new backyard and then directly to the Central Square of the village. In front of it, there is a wooden construction with rungs and a landing-stage that integrates to the existing staircase leading to the first floor.



The Yard



The Library

We finally propose the creation of a new Chamber with a library on the first floor of the old premises of the Police Department which will actually operate as a reading room belonging to the Karyates Association as well as a room suitable for discussions or meetings.

It is worth mentioning that the village has a registered Reading Club "The Nutcracker" ("*O Karyothrafstis*") and its own Cultural Association. Such important efforts demand that we have adequately organised accommodation structures like the one in question, in order to contribute, encourage and fully reinforce them and their actions and work.

However, we would like to stress out that we put at the core of this whole effort the exhibition space and its museological approach.

D. EXHIBITION

We have ourselves had some personal experience of different types of museums: History & Archaeology Museums, Ethnographic & Folklore Museums, National Museums, National Galleries, Private Collections and other. Each exhibition is different and unique in terms of the philosophy that develops and the items exhibited. Over the last years, a major international debate is taking place on the future of museums and their contact with the general public, meaning how can the general and impersonal historical records be transformed into life experiences that attach a more personal meaning to the visitor. Orhan Pamuk, the Nobel-laureate Turkish novelist has contributed in a most decisive way to this major debate, by denaturing one of his greatest novels "*The Museum of Innocence*" in an actual "Museum of Innocence", based - as you all understand- on the museum described in the book and displaying a collection evocative of everyday life and culture of Istanbul. The book, along with its accompanying museum, continuously refers to museums and collections proving that the sensitivity with which Pamuk perceives the modern museum is a guide for the exhibitions and the narratives we ourselves envision and dream about as far as the Cultural & Remembrance Centre of Karyes is concerned. As the famous novelist mentions in his manifesto, each museum of our time is called to read history in a different way.

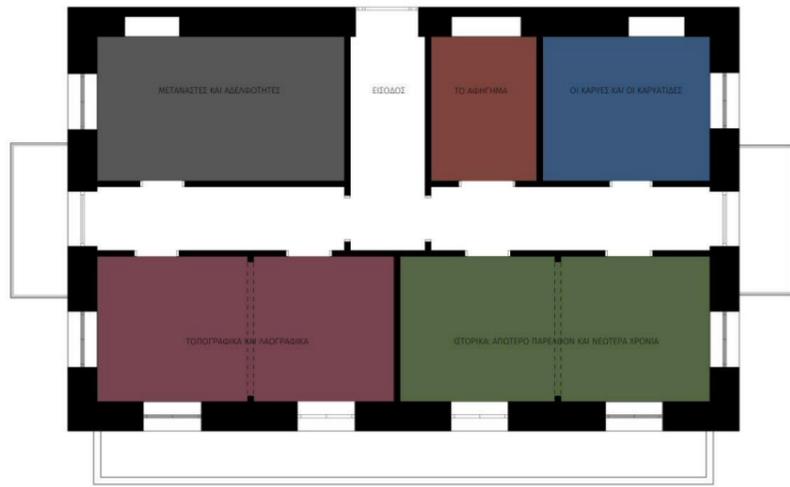
The epic mythology of nations is converted into a novel with personal touch that embraces the fullness of the experiential nature and aims to convey that to its readers. The representation becomes expression, the monumental is transmuted into familiar, the story is transformed into narrative and we change levels as we move from nations to simple people and from wider groups to individuals. After thoroughly reading Orhan Pamuk's manifesto for museums, we realize that the Nobel Prize-winning Turkish author, who also founded the Museum of Innocence, delivered the following message: "*in the future we need small and economical museums that address our humanity. All museums are genuine treasures of humankind, but I am against these precious and monumental institutions being used as models for the institutions to come. Museums should explore and uncover the population as a whole and the humanity of the new and modern man.*" As he added after this declaration: "***The Future of Museums Is Inside Our Own Homes***".

As we look at Karyes, our village and home, we sought our own stories and searched for our own narratives. And, indeed, some of our ancestors, struggled and managed to created documents reflecting the history of the village. Despite living at very difficult times with means that were dramatically more limited than the ones that are available at the present, they had spent time and effort to record in a spectacular way the history and the customs of our village.

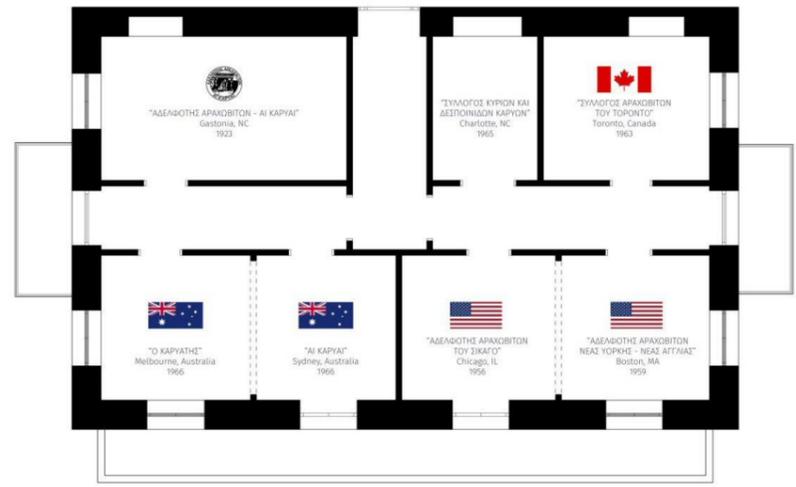
Following the steps of Orhan Pamuk who began with a book, we have chosen *Karyatika*, a historic publishing work, to be our guide.

Editing: by Paraskevas & Ioannis Meidanis **Publication:** in 1950 by the brotherhood of Gastonia

The presentation of the Cultural & Remembrance Centre of Karyes Lakonia



Halls and Themes



Halls and Brotherhoods

As it was previously noted, the exhibition is hosted in the old house of the first floor. The rooms are kept unchanged and the exhibition is organised as follows: Each room represents a separate chapter of the book. The first room refers to the narrative of the exhibition, meaning the main idea that constitutes the foundation of this exhibition. Based on this idea, the information, the stories and the myths of Karyes as they have been recorded in numerous documents are actually a key issue, the fundamental element of this exhibition. The second room describes the name of Karyes and how the village is historically associated with the globally known Caryatids. The third and the fourth room narrate the continuous and uninterrupted historical presence of the village since ancient times. The fifth and sixth room record folklore data and topography information of the village. And finally, the exhibition is completed in the seventh room, referring to immigration and brotherhoods worldwide. Each chapter of the novel and the respective experience described in it are highlighted through a dominant color in each room of the Museum. Under the color of each room the items that are exhibited are set up with consistency in terms of the aesthetic and graphics. Moreover, each room is dedicated, and potentially granted by the various Karyes-Arachova-Lakonia Institutions and Associations.

The number and the historical depth of these Institutions and Associations is another factor that proves to every visitor the level of organization in Karyes as well as the strong bond that keeps the locals united. A succinct approach to the concept of the exhibition that each room of the Museum hosts is the following:



a) The Narrative of the Exhibition

This room – starting point of the Exhibition will host in physical, natural form all those publications that either provide historical information about Karyes or, alternatively, include important references relating to the village. At the main core of this material, we find the hereby quoted works: the **"Golden Bible of Karyes"** of 1927, the **"Caryae Lakedemonos"** by Costas Pitsios, the **"Feast Archive Of Adelfotis (the Brotherhood)"** of 1937 and **"Karyatika A & B"** of 1952. Furthermore, we consider as rather essential the presence of several references by Xenophon, Pausanias and other ancient historians & travelers. Mention should also be made of the significant contribution of **Karyes newspaper** that recorded for years news and data concerning the wider region.

b) Karyes & Caryatids

This room confirms to the visitor that the village is a historical reference point known worldwide. Subconsciously, it is commonly believed that Karyes is the place of origin of Caryatids. A caryatid is a sculpted female figure serving as an architectural support taking the place of a column or a pillar supporting an entablature on her head. It is an element that springs from the art & architecture of ancient Greece, a monument that first appeared in **the treasures of Delphi** reaching its peak at **Erechtheum**, an ancient Greek temple. Since then, Caryatids have been found in many buildings around the world, prevailing in the architecture and structure of them. The five originals that are in Athens are now being exhibited in the new Acropolis Museum, on a special balcony that allows visitors to view them from all sides. This is something immensely important to us and connects immediately with our effort.

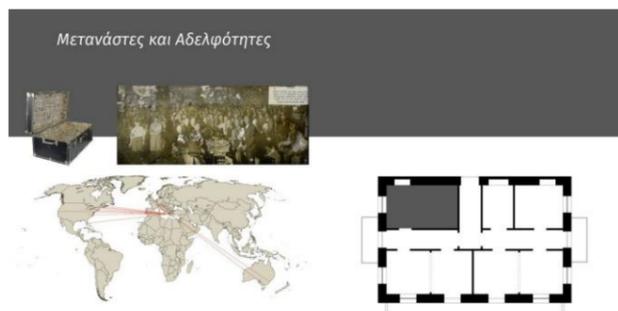
c) Historically: from the distant past to modern times

The essential message for the visitors of the exhibition is that Karyes is a place with continuous human and historical presence dating back to the archaic period in Greece. The roots of our history reach back into time and go as deep as the Plane trees of Menelaus existing in the area of Panaghia for centuries. We therefore see history as a plane tree that ramifies in distinctive chapters, each one representing the different historical periods from antiquity to the present day. All our efforts and actions are oriented to one higher purpose: to ensure that visitors will perceive the exact same feeling and unique experience.



d) Folklore data & topography information

In order to compose this room, we searched references and data that lead us back to the origins of Museums in the Renaissance and the so-called "Strange Items Collections & Exhibitions". This is how we imagine this room: as a composition of numerous displays flooded by images of Parnon, monuments and neighborhoods but also tradition, objects deriving from folk art, costumes, proverbs and local. A holistic sense of the place and its customs.



e) Immigrants & Brotherhoods

The last room leaves a bittersweet taste through which mixed feelings arise inside us. Bitter taste because it refers to the great longing for home and the uprooting that our ancestors had suffered in their effort to seek a better life in any place around the world. Pleasant taste because these people have achieved at a personal level making us proud without permitting for their homeland, origins and cultural identity to be ever consigned to oblivion.

PLANNERS AND BUILDING INSPECTORS
ARCHITECTURAL BUILDING STUDIES
Plaini & Karahalios Architects - Architecture/Design Firm
BUILDING SERVICES, MECHANICAL/ENGINEERING STUDY - STATIC CONSULTANTS

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E. CONCLUSION



Night view from the main road

In conclusion, it is crucial to underline the fact that we do not simply consider the buildings as shells or a form of shelter used to cover operational needs. Buildings depict something more than that: the imprints that show and prove how our village evolved over time. We respect the history that lays behind their foundation, we pay tribute to their architectural language and we treat them in a proper way so as to constantly honor their original intentions.

Our wish and aim is to ensure that the exhibition space hosted at the premises of the Main Building of Karyates Association will become a



Night view from the main square

reference point for the residents of the village, a symbol of cultural memory and a way of associating all people of Karyes who are expatriates and live abroad, away from our Community. all over the world. Moreover, our higher purpose is to make this exhibition space a motive power for the next generations who grow up in the U.S.A., Canada or Australia, to discover the beauties and the history of their village, the place that they originally come from. After all, this place has inspired all the stories that their parents or grandparents narrate to them.

It is on behalf of the whole Association that Karyes should continue to be widely known all over Greece and also beyond the borders of our country, for the only thing that can resist the devastating ravages of time: historical memory, civilization and culture. The triptych that is able to remain unaltered, almost intact over the ages.

KERCHOULAS TRUST

As per announcements and invitations that have become available to us, we are able to say with high certainty that the implementation of the investment is being achieved incrementally. Below, we would like to quote data extracted from two sources: one recent press clipping reported in relevance to this investment by the website APELA.GR and the official announcement that the Civil-law Non-Profit Trust Company under the denomination "P.Kerchoulas" -and, more precisely, its representatives in the company's Board of Directors- published on the website KARYES.GR.

Issue raised during the discussion at the Sparta Municipal Council: The Project of the construction of a power plant in Karyes

At the **Spartan Municipal Council** meeting of **10 March 2016**, the **installation of a power plant using biomass** in Karyes, a project under the auspices of the **Civil-law Non-Profit Trust Company under the denomination "P.Kerchoulas"**, was submitted under extensive discussion. Given the fact that the Peloponnese Region is identified as the competent authority for the granting of authorisations, the only jurisdiction of the Spartan Municipal Council was to openly state its position and estimation concerning the Environmental Impact Assessment (EIA).



Mr. Tsivilis

The Civil-law Non-Profit Trust Company under the denomination "P.Kerchoulas" has been designated as the managing authority for this investment that is **financed by the Kerchoulas legacy in combination with bank lending**, where the available money of the legacy amount to approximately \$1.400.000-.

Meanwhile, the Chairman **Mr G. Deveko** was in a minority in the Council and provided a recommendation in which he expresses his **doubts** as to the viability and efficiency of the power plant in question. Moreover, severe **reservations** were expressed not only by the consultants who provide their advisory services in the field of techno-economic information on the Project but also by a wide number of residents in Karyes who seemed to be deeply concerned about either the Project itself or the way it is implemented. However, it is highlighted that the agreement to the study plan has been positively assessed by the Mayor and the municipal technical service. The Spartan Municipal Council **adopted the decision** of approval of the study plan **on the basis of a wide majority of the members present**. People who were among the Contracting Parties present and voting in favor: Mr Strifas, Mr Kapetanakis, Mr Karmiris and Mr Leventakis. Mr Koumoundouros and Mr Vounasis voted against the approval of the study plan.

Mr. G. Tsivilis represented the Civil-law Non-Profit Trust Company at the Spartan Municipal Council meeting and took the floor. He made reference to the background and the history of the investment in question analyzing various economic and technical elements of the Project, to finally conclude that it is feasible, with long-term perspective and total lack of risks of environmental pollution in the region.

Kindly note that **the time limit set by the person who made the disposition (the special bequest/legacy)** was forty (40) years, out of which thirty-two (32) years have already passed.

Call for subscription to the Civil-law Non-Profit Trust Company under the denomination "P.Kerchoulas"

NOTICE

The company's Board of Directors kindly informs you that the procedure for establishing the register of the Members of the Civil-law Non-Profit Trust Company under the denomination "P.Kerchoulas" has initiated with the purpose of properly implementing the decision that the company's Board of Directors had officially adopted. In this framework, the company's Board of Directors will provide detailed information about the registration process, in an open meeting, scheduled on Wednesday, 14 December 2016, at 20:00 pm, at the events hall of Karyes Community Building.

INVITATION

It is officially stated that the Board of Directors of the Civil-law Non-Profit Trust Company under the denomination "P.Kerchoulas" launches the procedure for establishing the register of the Members of the Civil-law Non-Profit Trust Company with the purpose of respecting and properly implementing the decision that the company's Board of Directors had officially adopted on November, 4 2016. For this reason, all adults who are legally recorded in the population register of the Municipality of Sparta (Lakonia) - Local Community of Karyes are called to be fully informed about the Company Statute and then submit their subscription as future Members of the Civil-law Non-Profit Trust Company through a written application form until Friday, 17th of February 2017.

REGISTRATION PROCEDURE

The steps of the procedure are listed below:

1. Receipt of the necessary documents, the Company Statute and the Application form, with either of the following ways:
 - a) by addressing to members of the Company's Board of Directors: Mr Theodore Mentis or Mr Demetrios Arvanitis (you can find them in Karyes, every Friday, from 17:00 to 21:00 and every Sunday, from 10:00 to 13:00). Alternatively, you may also contact Mr Philippos Pouloukefalos (in Sparta from Monday to Friday, morning hours 8:00 to 13:00).
 - b) by visiting the website www.karyes.gr.
2. Fill the Application form and submit it at the Company's Board of Directors, with either of the following ways:
 - a) by sending it directly to members of the Company's Board of Directors, Mr Theodore Mentis or Mr Demetrios Arvanitis (you can find them in Karyes, every Friday, from 17:00 to 21:00 and every Sunday, from 10:00 to 13:00). Alternatively, you may also contact Mr Philippos Pouloukefalos (in Sparta from Monday to Friday, morning hours 8:00 to 13:00).
 - b) by sending it at the email address: npokerhoulas@karyes.gr
3. Payment of the registration fee pursuant to the Company Statute that amounts to five (5) euros and shall be made with either of the following ways:
 - a) Directly to the members of the Company's Board of Directors upon submission of the Application form.
 - b) To the bank account that is specified hereby: IBAN GR280110332000033200121300 – National Bank of Greece.

The Chairman, Mr George Tsivilis, for the Company's Board of Directors

SOCIAL NEWS

2016 now belongs to the past but unfortunately it was a year that took many of our patriots away from us. Let us mention those who passed away in 2016 so as to honor their memory. Their name and age details were provided by the Reverend of Karyes, Father Efstratios.

30/01 ~ Kalliroi Prezeke, 91 years-old.	17/09 ~Artemis, widow of the deceased Ioannis Kakaris, buried in Piraeus (Athens – GREECE).
12/02 ~ Paraskevas Kolovos, 96 years-old.	01/10 ~Claire Charaka, 90 years-old.
17/03 ~ Paraskevi Christopoulou, 82 years-old.	13/10 ~Demetra Darmou, 96 years-old.
12/04 ~ Panayiota Papadogianni, 90 years-old.	06/10 ~Martha, widow of the deceased Parask. Kaperonis, 84 years old (Died in Long Beach - Buried in Karyes on 29/10)
15/09 ~ Efrosini Kiriazzi, 92 years-old.	
17/09 ~ Kiriakos Theodoridis, 87 years-old.	

We express our most sincere condolences and deepest sympathy to the families and friends of these people.

Baptisms (christenings)

Last summer, two baptisms took place in the beautiful church of Panaghia (*Church of the Assumption*). **Georgios Diamantis** baptized his daughter on **16th of July** and gave her the name **Christina-Georgia**. On **20th of August**, **Konstantinos Voutsikakis** baptized his two daughters **Maria** and **Joanna**.

***May the lives of the little girls be blessed with health and happiness!
May they grow up and behave as Good Christians!***

WELCOMING WINTER IN KARYES

WITH THE TRADITIONAL FEAST AT WHICH BOILED MEAT IS SERVED

On Saturday, October 29, at 12:00 the Cultural Association of Karyes organised the 1st Traditional Feast at which boiled meat is served. It was a beautiful feast under the auspices of the members of the Cultural Association of Karyes, hosted at the Central Square of the village and Karyes Community Building. The local celebration day was an event with plenty of boiled and traditionally cooked meat, wine and folklore dance & music.

From early morning, a big fire was lit and large cauldrons were placed at the Central Square. This is how the meat was boiled and slowly cooked by the locals. Inside the events hall of Karyes Community Building, all the preparations as well as the setting of the table for lunch were completed.

The visitors had the chance to taste the food that was being cooked for the occasion and enjoy the unique folklore music played by our fellow music producer, **Leonidas Chondropoulos**, together with local musicians and the traditional dances, honoring the local custom.

Everybody, locals and visitors, gathered at the Central Square of Karyes and enjoyed themselves while dozens of tourists and visitors from the surrounding villages duly honored the boiled meat and wandered around the beautiful streets of Karyes, gaining the best possible impressions about our village.

Meanwhile, the Cultural Association organised a lottery with various of prizes for the winners.



DURING THE GREEK NATIONAL HOLIDAY OF OCTOBER, 28TH OUR BEAUTIFUL VILLAGE WAS FULL OF PEOPLE & FULL OF LIFE!

Many people who originally come from Karyes but live in Athens and other cities around Greece spent the weekend from 28 – 30 October here, in our village. Indeed, many locals returned to Karyes, opened their houses and revived our village since Wednesday, October 26. On that Wednesday, the entire village was celebrating the National Holiday of Greece and attended Mass at the church of Saint Demetrios located in the settlement "Vergatsoula".

On Friday, October 28, our village celebrated the National Holiday of Greece and attended Mass at the church of Saint Andrew. This was followed by poetry recitations by young students of the Primary School of Karyes and the emotional wreath laying ceremony in memory of the Heroes who fought for Greece and sacrificed their lives to protect and defend our country.

PRESENTATION AT "ARACHOVITIKA KALYVIA"



In the evening of October 29, **Dr. Socrates Christodoularis**, founder of "Spartan Education", conducted a presentation at "Arachovitika Kalyvia" that was dedicated to the Ancient Greek medicine of Hippocrates dated before 1200 B.C. under the title "Defining the Symbolic meanings of the Myth of Theseus and the Thieves".

Several locals and visitors attended the presentation and payed due tribute to this interesting event.



KARYES LACONIA: WORLD HEALTH INNOVATION SUMMIT- GREECE 2016

World Health Innovation Summit (W.H.I.S.) took place on **21 - 22 – 23 October 2016** in Karyes and more precisely it was held at "The Mansion of Parnonas" ("Arhontiko Parnona").

W.H.I.S. GREECE took place in **Karyes (Arahova) Lakonias** under the aegis of the two (2) competent authorities: the Peloponnese Region in collaboration with the Panarcadian Federation. Health Sector met the "Doers" of Sustainable Development for the Wellness and Mindfulness. Experienced speakers with the appropriate professional expertise from Greece and abroad, i.e. doctors, patients, health professionals, local government and local communities, presented a platform that aims to inspire all, to promote innovative actions and to share knowledge with the purpose of improving healthcare and helping the local communities in two directions: working together and co-planning programs or ACTIONS for a more efficient and effective health system so that all benefit while stimulating economic growth of the region where the SUMMIT takes place.

At this point, we would like to mention some of the highly-qualified scientists who were present at the Summit: **Dr. Gunter Pauli**, **Dr. Ammid Hannan** – General Practitioner and President of W.H.I.S., **Sheridan Tatsuno** – Silicon Valley Tech Strategist, **Désirée Driesenaar** – Blue Economy Systems Designer and sustainability consultant, **Ivanka Milenkovic** – founder of the "Ekofungi" School, **Dr. Nikos Katsaros** – former President of the Hellenic Food Authority (E.F.E.T.) and Research Fellow of the National Center of Scientific Research DEMOKRITOS as well as a number of other prominent figures throughout the Health Sector of Greece and foreign countries. Many other high-level and eminent personalities also attended the SUMMIT representing different fields.

Following the Summit, according to its organisers: "Mrs. **Desiree Driesenaar** held **INTERACTIVE SEMINARS ON BLUE - CIRCULAR ECONOMY** which lasted one week. The seminars were aiming to provide information requirements, raise awareness among the **YOUTH OF THE REGION** and finally encourage them as per the launching of more specific business actions from their part."



KEEPING THE VILLAGE ALIVE

This winter is proved to be full of actions for the locals thanks to the initiatives on behalf of the **Cultural Association of Karyes** and the active role played by the organised **Reading Club "The Nutcracker"**.

On the other hand, the Cultural Association of Karyes announced an initiative with the aim of **reviving traditional dances** in collaboration with **Mr. Theodore Mentis**. Therefore, every **Friday** two (2) dance lessons will be held at the Main Building of the Community of Karyes. The first dance lesson will operate for **children** from **18:00 to 19:00** and the second one will address to **adults** from **19:00 to 20:00**. For further details and additional information, you are kindly requested to contact Mr. Theodore Mentis (6974487967) and Mrs. Eva Dritsa (6982923140).



The Reading Club "The Nutcracker" ("O Karyothrafstis") returns, respectively, back to his actions after a short period of absence by announcing the official day on which **regular meetings, reading talks and workshops** will take place this winter. The day and the hours were announced as follows: **Saturday** from **10:30 to 12:30** at the **Main Building of the Community of Karyes**.



KARYATES ASSOCIATION NEWS BULLETIN
QUARTERLY RUBICATION
 For information E-mail: info@karyes.gr